

SELF SUFFICIENCY MATRIX

DOMAIN	1	2	3	4	5
Shelter/ Housing	Homeless or threatened with eviction.	In transitional, temporary or substandard housing; and/or current rent/mortgage payment is unaffordable.	In stable housing that is safe but only marginally adequate.	Household is in safe, adequate subsidized.	Household is safe, affordable, adequate, and unsubsidized.
Employment	No job.	Temporary, part-time or seasonal; inadequate pay; no benefits.	Employed full time; inadequate pay; few or no benefits.	Employed full time with adequate pay and benefits.	Maintains permanent employment with adequate income and benefits.
Income	No income.	Inadequate income and/or spontaneous or inappropriate spending.	Can meet basic needs with subsidy; appropriate spending.	Can meet basic needs and manage debt without assistance.	Income is sufficient, well managed; has discretionary income and is able to save.
Food	No food or means to prepare it. Relies to a significant degree on other sources of free or low-cost food.	Household is on food stamps.	Can meet basic food needs but requires occasional assistance.	Can meet basic food needs without assistance.	Can choose to purchase any food household desires.
Childcare	Needs childcare, but none is available/accessible and/or child is not eligible.	Childcare is unreliable or unaffordable, inadequate supervision is a problem for childcare that is available.	Affordable subsidized childcare is available but limited.	Reliable, affordable childcare is available; no need for subsidies.	Able to select quality childcare of choice.
Children's Education	One or more eligible children not enrolled in school.	All eligible children enrolled in school, but one or more children not attending classes.	Enrolled in school, but one or more children only occasionally attending classes.	All eligible children enrolled and attending classes most of the time.	All eligible children enrolled and attending on a regular basis and making progress.
Adult Education	Literacy problems and/or no high school diploma/GED are serious barriers to employment.	Enrolled in literacy and/or GED program and/or has sufficient command of English to where language is not a barrier to employment.	Has high school diploma/GED.	Needs additional education/training to improve employment situation and/or to resolve literacy problems to where they are able to function effectively in society.	Has completed education/training needed to become employable. No literacy problems.
Legal	Current outstanding tickets or warrants or other serious unresolved legal issues.	Current charges/trial pending, noncompliance with probation/parole/legal issues impacting housing qualifications.	Fully compliant with probation/parole terms/past non-violent felony convictions/working on plan to resolve legal issues.	Has successfully completed probation/parole within past 12 months, no new charges filed; recently resolved other legal issues.	No active legal issues in more than 12 months and/or no felony/significant legal/ criminal history.
Health Care Coverage	No medical coverage with immediate need.	No medical coverage and great difficulty accessing medical care when needed. Some household members may be in poor health.	Some members (e.g. Children) on AHCCCS but adults lack coverage.	All members can get medical care when needed but may strain budget.	All members are covered by affordable, adequate health insurance.
Life Skills	Unable to meet basic needs such as hygiene, food, activities of daily living.	Can meet a few but not all needs of daily living without assistance.	Can meet most but not all daily living needs without assistance.	Able to meet all basic needs of daily living without assistance.	Able to provide beyond basic needs of daily living for self and family.

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Mental Health	Danger to self or others; recurring suicidal ideation; experiencing severe difficulty in day-to-day life due to psychological problems.	Recurrent mental health symptoms that may affect behavior, but not a danger to self/others; persistent problems with functioning due to mental health symptoms.	Mild symptoms may be present but are transient; only moderate difficulty in functioning due to mental health problems.	Minimal symptoms that are expectable responses to life stressors; only slight impairment in functioning.	Symptoms are absent or rare; good or superior functioning in wide range of activities; no more than every day problems or concerns.
Substance Abuse	Meets criteria for severe abuse/dependence; resulting problems so severe that institutional living or hospitalization may be necessary	Meets criteria for dependence; preoccupation with use and/or obtaining drugs/alcohol; withdrawal or withdrawal avoidance behaviors evident; use results in avoidance or neglect of essential life activities.	Use within last 6 months; evidence of persistent or recurrent social, occupational, emotional or physical problems related to use (such as disruptive behavior or housing problems); problems have persisted for at least one month.	Client has used during last 6 months (including social use) but no evidence of persistent or recurrent social, occupational, emotional, or physical problems related to use; no evidence of recurrent dangerous use.	No drug use/alcohol abuse in last 6 months.
Family Relations	Lack of necessary support from family or friends; abuse (DV, child) is present or there is child neglect.	Family/friends may be supportive, but lack ability or resources to help; family members do not relate well with one another; potential for abuse or neglect.	Some support from family/friends; family members acknowledge and seek to change negative behaviors; are learning to communicate and support.	Strong support from family or friends; household members support each other's efforts.	Has healthy/expanding support network; household is stable and communication is consistently open.
Mobility	No access to transportation, public or private; may have car that is inoperable.	Transportation is available (including bus), but unreliable, unpredictable, unaffordable; may have car but no insurance, license, etc.	Transportation is available (including bus) and reliable, but limited and/or inconvenient; drivers are licensed and minimally insured.	Transportation (including bus) is generally accessible to meet basic travel needs.	Transportation is readily available and affordable; car is adequately insured.
Community Involvement	Not applicable due to crisis situation; in "survival" mode.	Socially isolated and/or no social skills and/or lacks motivation to become involved.	Lacks knowledge of ways to become involved or new to community.	Some community involvement (church, advisory group, support group), but has barriers such as transportation, childcare issues.	Actively involved in community (church, etc).
Safety	Home or residence is not safe, lethality is high.	Safety is threatened/temporary protection is available; lethality is high	Safety is minimally adequate; safety planning is essential.	Home is safe, however future is uncertain, safety planning is important.	Home is apparently safe and stable.
Parenting Skills	Parenting skills are lacking and there is no extended family support	Parenting skills are minimal and there is limited extended family support.	Parenting skills are apparent but not adequate.	Parenting skills are adequate.	Parenting skills are well developed.
Credit History	No credit history.	Outstanding judgments or bankruptcy/foreclosure.	Has a credit repair plan.	Moderate credit rating.	Good credit / manageable debt ratio.

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Contact with Child(ren)*	No contact with child(ren).	Limited contact with child(ren) and unable to pay child support, if appropriate.	Limited contact with child(ren), partial child support, if appropriate.	Regular contact with child(ren) and increased child support, if appropriate.	Unrestricted contact with child(ren) and paying full child support, if appropriate.
Financial Management*	No knowledge of financial management techniques.	Minimal knowledge of financial management techniques.	Some knowledge of financial management techniques.	Good understanding of financial management techniques.	Excellent and demonstrated understanding of financial management techniques.
Physical Health*	Needs immediate medical attention; an emergency/critical situation.	An on-going medical need that requires regular treatment and is not currently being managed	An on-going medical need is being treated and managed under the supervision of medical personnel.	Able to identify need for assistance in managing the on-going medical condition.	There are no immediate or on-going medical problems.
Prostitution*	Actively involved in prostitution.	Exploring assistance options to leave life of prostitution, may still be involved.	Made commitment to leave life of prostitution, began involvement in program.	Demonstrating commitment through active involvement in program at least 3 months.	No involvement in last 6 months.
Support Network*	Lack of necessary support from family/friends.	Family/friends may be supportive, but lack ability/financial resources to help.	Some support from family/friends.	Strong support from family/friends.	Child(ren) and parents appear happy. Household has healthy support network.
Energy Assistance*	Has a utility cut-off notice or a 2-month outstanding bill, with no resources to pay bill, reconnect fees, etc.	Lacks resources to pay utility bills on an on-going basis.	Needs help during months when bill is higher.	Usually able to pay bill, but experiences occasional emergencies.	Able to pay utility bills on an on-going basis.
Energy Education*	Has not received energy education services.	Clients are unaware of ways to reduce consumption.	Could benefit from additional energy education.	Is knowledgeable about managing energy use.	Practices good energy management.
Energy Efficiency*	Is using energy in a manner that is a health/safety risk.	Energy consumption is very high, and household has not received energy efficiency/education services.	Has received some energy efficiency services but could benefit from additional services.	Has received all cost-effective measures.	All appliances are energy-efficient.

* These are optional domains not required by HUD/DES.