



**FOR IMMEDIATE RELEASE**  
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## *News Release*

Everyday we hear about layoffs spiking as the recession rips through the country with retailers, banks, manufactures and others cutting costs.

Many families are struggling to stave off foreclosures, pay credit card debt, pay utility bills, and provide for the family.

Help with these issues and many others could be just one phone call away!

Community Information & Referral's 24-hour Help Hotline serves as the key source of integral information that brings people and services together to meet vital needs." Our bilingual Helpline services are free of charge, and are available 24-hours a day, everyday, including holidays by calling (602) 263-8856. Persons residing outside Maricopa County can call toll-free at 1-800-352-3792.

Through the use of computerized and updated resource files, Community Information & Referral maintains a database of information on more than 3,000 health and human service agencies serving ten Arizona counties (Apache, Coconino, Gila, LaPaz, Maricopa, Mohave, Navajo, Pinal, Yavapai and Yuma).

Our highly-trained, bilingual, Information & Referral (I&R) Specialists respond to calls from individuals seeking information or referrals to health care programs; emergency food, housing and clothing resources; drug or alcohol treatment programs; adult/child protective services; and marital and family counseling. These are just a few of the diverse areas we address each day. All calls are confidential.

If you need help finding help call the Community Information & Referral 24-hour Help Hotline today!