

EN ESPAÑOL...

COMMUNITY INFORMATION & REFERRAL

(Información y Referencia) es una agencia de caridad que mantiene líneas telefónicas gratuitas para ayudar a las personas que buscan recursos humanos.

¿QUÉ TIPO DE AYUDA?

Representantes de las líneas de ayuda le pueden informar en español sobre 9,000 programas y servicios sociales que se encuentran en la comunidad.

¿CUÁNTO CUESTA EL SERVICIO?

El servicio es completamente gratuito y todas las llamadas son confidenciales.

¿CUÁNDO PUEDO LLAMAR?

Si usted tiene un problema o busca información sobre un servicio pero no sabe a donde llamar, comuníquese a las líneas telefónicas de Información y Referencia. Las líneas están disponibles las 24 horas del día, incluyendo días de fiesta.

602-263-8856
AFUERA DEL CONDADO
DE MARICOPA:
1-800-352-3792



Community
Information &
Referral

www.cir.org

"Bringing People and Services Together Since 1964"

Other services provided by
Community Information & Referral:



*Homeless Management
Information System
(HMIS) Project
(602) 263-8845*



*Community Network
for Accessing Shelter
(CONTACS)
(602) 263-8900*



*Valley Lifeline
(602) 263-8845*



*Community Voice Mail
(602) 263-8845*

Printing Courtesy of:



24 HOUR HELP HOTLINE

Where to call for Help . . .

602-263-8856

Outside Maricopa County

1-800-352-3792



www.cir.org

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Referral



"Bringing People and Services Together Since 1964"

*Should you need this publication in an
alternative format, please contact the
CIR administrative office at 602-263-8845.
2200 North Central Avenue, Suite 601
Phoenix, Arizona 85004*



HOW CAN COMMUNITY INFORMATION & REFERRAL (CIR) HELP ME?

CIR operates a confidential Help Hotline service that provides individuals with information, answers and referrals to human services and health programs.

HOW DOES THE SERVICE WORK?

When you call the Help Hotline, a Specialist will first find out what kind of assistance you are looking for, and then, will direct you to agencies and programs that may be able to help. Spanish-speaking assistance is available. The CIR Help Hotline Specialists are knowledgeable about community services and use updated computerized listings to find accurate information for callers.

HOW MUCH DOES IT COST?

The Help Hotline service is absolutely free.

WHAT TIME CAN I CALL?

The CIR Help Hotline is available 24-hours a day, seven days a week, including holidays.

WHAT KINDS OF PROGRAMS DO YOU HAVE INFORMATION ON?

The CIR Help Hotline Specialists can help you find information on over 9,000 health and human services provided by governmental and nonprofit organizations.



IF YOU HAVE A PROBLEM AND YOU DON'T KNOW WHERE TO GO FOR HELP, CALL THE CIR HELP HOTLINE AT 602-263-8856 • 1-800-352-3792

(Listed below are only some of the 58 major information services categories.)

FOOD & HOUSING

Food assistance programs • Emergency food
Clothing resources • Homeless shelters • Domestic violence shelters • Utility assistance • Donation resources

FAMILY

Day care services • Adoption services
Foster care programs • Parenting skills
Literacy programs • Victim assistance programs
Volunteer opportunities • Legal aid resources

FINANCIAL

Emergency financial assistance • Unemployment compensation • Employment and training programs
Worker's compensation • Consumer issues
Tax assistance • Financial counseling

HEALTH

AIDS services • Crisis & long-term counseling
Services for the deaf and blind • Immunizations
CPR training • Services for the physically disabled
Chemical and drug dependency • Reproductive services
Mental health programs • Health clinics

CALLING THE CIR HELP HOTLINE CAN ALSO...

put you in touch with many other programs and services including numerous self-help support groups dealing with:

DOMESTIC VIOLENCE	GRIEF COUNSELING
BEHAVIORAL HEALTH	DRUGS OR ALCOHOL DEPENDENCY TREATMENT
MEDICAL HEALTH (DISEASES OR DISORDERS)	MENTAL HEALTH

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